

| RESULTAT LÖRDAG - SÖNDAG | | | | |
|--------------------------|-------------------------|----|-----------------|---------------------|
| P16 | 60 M | | | |
| | FÖRSÖK 1 | | 2011-02-20 | |
| 1 | Filip Sjövall | 95 | Lomma FIK | 7.37 SF |
| 2 | Ali Abdul Kadir | 95 | Eskilstuna FI | 7.42 SF |
| 3 | Jacob Ewertzh | 95 | Hammarby IF | 7.54 SF |
| 4 | Rasmus Lennartsson | 95 | IK Orient | 7.65 SF |
| 5 | Martin Löfblom | 95 | Hanvikens SK | 7.95 |
| 6 | Jesper Jansson | 95 | Hässelby SK | 8.23 |
| | FÖRSÖK 2 | | 2011-02-20 | |
| 1 | Erik Hagberg | 95 | Upsala IF | 7.32 SF |
| 2 | Johan Stenvall | 95 | Bodens FI | 7.43 SF |
| 3 | Daniel Erkas | 95 | Huddinge AIS | 7.44 SF |
| 4 | Sebastian Wesslen | 95 | Hammarby IF | 7.67 SF |
| 5 | André Andersson | 95 | Brattås CK | 7.70 |
| 6 | Eskil Grahn | 95 | Tranås AIF | 7.78 |
| 7 | Martin Jonsson | 95 | SK Bore | 7.84 |
| | FÖRSÖK 3 | | 2011-02-20 | |
| 1 | Jean-Christian Zirignon | 95 | Piteå IF | 7.22 SF |
| 2 | Eddy Meyerderks | 95 | IF Hagen | 7.36 SF |
| 3 | Christopher Swenning | 95 | Malmö AI | 7.52 SF |
| 4 | Mattias Hjelm | 95 | IFK Helsingborg | 7.66 SF |
| 5 | Niclas Svärdling | 95 | Täby IS | 7.70 |
| 6 | Henning Rydström | 95 | Hässelby SK | 8.09 |
| | FÖRSÖK 4 | | 2011-02-20 | |
| 1 | Fabian Revilla | 95 | Rånäs 4 H | 7.31 SF |
| 2 | Johan Lilja | 95 | Sundsvalls FI | 7.37 SF |
| 3 | Martin Andersson | 95 | IK Ymer | 7.50 SF |
| 4 | Kevin Fankl | 95 | Ullevi FK | 7.65 SF |
| 5 | Carl Dath | 95 | Täby IS | 7.75 |
| 6 | Malek Saliba | 95 | Hässelby SK | 7.94 |
| | SEMIFINAL 1 | | 2011-02-20 | |
| 1 | Jean-Christian Zirignon | 95 | Piteå IF | 7.24 F |
| 2 | Filip Sjövall | 95 | Lomma FIK | 7.26 F |
| 3 | Eddy Meyerderks | 95 | IF Hagen | 7.31 F |
| 4 | Daniel Erkas | 95 | Huddinge AIS | 7.34 F |
| 5 | Johan Stenvall | 95 | Bodens FI | 7.38 |
| 6 | Jacob Ewertzh | 95 | Hammarby IF | 7.52 |
| 7 | Rasmus Lennartsson | 95 | IK Orient | 7.57 |
| 8 | Sebastian Wesslen | 95 | Hammarby IF | 7.61 |
| | SEMIFINAL 2 | | 2011-02-20 | |
| 1 | Erik Hagberg | 95 | Upsala IF | 7.18 F |
| 2 | Ali Abdul Kadir | 95 | Eskilstuna FI | 7.21 F |
| 3 | Johan Lilja | 95 | Sundsvalls FI | 7.27 F |
| 4 | Fabian Revilla | 95 | Rånäs 4 H | 7.33 F |
| 5 | Martin Andersson | 95 | IK Ymer | 7.53 |
| 6 | Mattias Hjelm | 95 | IFK Helsingborg | 7.58 |
| 7 | Kevin Fankl | 95 | Ullevi FK | 7.60 |
| | Christopher Swenning | 95 | Malmö AI | Diskv. Felakt.start |

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| | FINAL | | 2011-02-20 | | |
| 1 | Erik Hagberg | 95 | Upsala IF | 7.04 | |
| 2 | Jean-Christian Zirignon | 95 | Piteå IF | 7.12 | |
| 3 | Ali Abdul Kadir | 95 | Eskilstuna FI | 7.25 | |
| 4 | Fabian Revilla | 95 | Rånäs 4 H | 7.27 | |
| 5 | Johan Lilja | 95 | Sundsvalls FI | 7.28 | |
| 6 | Eddy Meyerdierks | 95 | IF Hagen | 7.33 | |
| 7 | Filip Sjövall | 95 | Lomma FIK | 7.35 | |
| 8 | Daniel Erkas | 95 | Huddinge AIS | 7.40 | |
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| P16 | 400 M | | | | |
| | FÖRSÖK 1 | | 2011-02-19 | | |
| 1 | Abdul Aziz Warsame | 95 | Eskilstuna FI | 52.04 | F 25,02 |
| 2 | Sami Gassan | 95 | Eskilstuna FI | 54.06 | F 25,21 |
| 3 | Jacob Öman | 95 | Danderyds SK | 55.32 | 26,54 |
| 4 | Christian Bolin | 95 | Tyresö FK | 55.40 | 26,47 |
| | FÖRSÖK 2 | | 2011-02-19 | | |
| 1 | Henrik Malmberg | 95 | Huddinge AIS | 52.44 | F 24,96 |
| 2 | Dennis Elms Jansson | 95 | Huddinge AIS | 54.16 | 25,28 |
| 3 | Eskil Grahn | 95 | Tranås AIF | 54.55 | 25,9 |
| 4 | Jesper Jansson | 95 | Hässelby SK | 61.58 | 27,82 |
| | FÖRSÖK 3 | | 2011-02-19 | | |
| 1 | Dennis Forsman | 95 | Ullevi FK | 52.11 | F 24,78 |
| 2 | Christian Runge Wildner | 95 | Täby IS | 54.83 | 25,4 |
| 3 | Malek Saliba | 95 | Hässelby SK | 55.68 | 25,48 |
| | FINAL | | 2011-02-20 | | |
| 1 | Henrik Malmberg | 95 | Huddinge AIS | 51.15 | 24,83 |
| 2 | Abdul Aziz Warsame | 95 | Eskilstuna FI | 51.47 | 25,03 |
| 3 | Dennis Forsman | 95 | Ullevi FK | 51.75 | 24,64 |
| 4 | Sami Gassan | 95 | Eskilstuna FI | 54.08 | 25,27 |
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| P16 | 1500 M | | | | |
| | FÖRSÖK 1 | | 2011-02-19 | | |
| 1 | Andreas Almgren | 95 | Turebergs FK | 4.25.23 | F |
| 2 | Yahan Faarax | 95 | Huddinge AIS | 4.25.32 | F |
| 3 | Daniel Strandberg | 95 | Malmö AI | 4.25.86 | F |
| 4 | Benjamin Akyol | 95 | Ullevi FK | 4.27.56 | F |
| 5 | David Kastö | 95 | Stenungsunds FI | 4.28.34 | |
| 6 | Fredrik Orrsveden | 95 | Sundbybergs IK | 4.28.82 | |
| 7 | Axel James | 95 | Upsala IF | 4.33.37 | |
| 8 | Tobias Karlsson | 95 | Sävedalens AIK | 4.36.18 | |
| | FÖRSÖK 2 | | 2011-02-19 | | |
| 1 | Alexander Nilsson | 95 | Mölndals AIK | 4.24.16 | F |
| 2 | Nigusu Solomon | 95 | Huddinge AIS | 4.24.23 | F |
| 3 | Ken Slättengren | 95 | Högby IF | 4.24.24 | F |
| 4 | Samuel Lundell Vakkuri | 95 | Enhörna IF | 4.27.25 | F |
| 5 | Martin Hammar | 95 | Rånäs 4 H | 4.30.45 | |
| 6 | Kevin Hermansson | 95 | Trollhättans FIK | 4.33.62 | |
| 7 | Hugo Lindell | 95 | Rånäs 4 H | 4.37.58 | |
| 8 | Rasmus Lennartsson | 95 | IK Orient | 4.54.92 | |

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| | Joakim Rosenqvist | 95 | Sävedalens AIK | Ej start | |
| | FINAL | | 2011-02-20 | | |
| 1 | Andreas Almgren | 95 | Turebergs FK | 4.04.46 | |
| 2 | Alexander Nilsson | 95 | Mölndals AIK | 4.09.92 | |
| 3 | Yahan Faarax | 95 | Huddinge AIS | 4.14.26 | |
| 4 | Ken Slättengren | 95 | Högby IF | 4.15.22 | |
| 5 | Benjamin Akyol | 95 | Ullevi FK | 4.26.09 | |
| 6 | Samuel Lundell Vakkuri | 95 | Enhörna IF | 4.27.28 | |
| | Nigusu Solomon | 95 | Huddinge AIS | Ej start | |
| | Daniel Strandberg | 95 | Malmö AI | Bröt | |
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| P16 | 60 M HÄCK 91,4 CM | | | | |
| | FÖRSÖK 1 | | 2011-02-19 | | |
| 1 | Linus Boyer | 95 | Nyköpings BIS | 8.56 | F |
| 2 | Gustav Magnusson | 95 | IK Orient | 8.61 | F |
| 3 | Niclas Svärdling | 95 | Täby IS | 8.74 | F |
| 4 | Wilhelm Wegendal Rundst | 95 | Täby IS | 9.08 | F |
| 5 | Ludwig Sjödin | 95 | Skellefteå AIK FI | 9.34 | |
| 6 | Marcus Löfgren | 95 | Luleå FI | 9.35 | |
| | FÖRSÖK 2 | | 2011-02-19 | | |
| 1 | Andreas Almlöf | 95 | Hammarby IF | 8.46 | F |
| 2 | Johan Lilja | 95 | Sundsvalls FI | 8.52 | F |
| 3 | Fabian Revilla | 95 | Rånäs 4 H | 8.65 | F |
| 4 | Jacob Ewertzh | 95 | Hammarby IF | 8.71 | F |
| 5 | Henrik Sandberg | 95 | IFK Lund | 9.22 | |
| 6 | Jesper Hellström | 95 | Hässelby SK | 9.63 | |
| | FINAL | | 2011-02-19 | | |
| 1 | Andreas Almlöf | 95 | Hammarby IF | 8.37 | |
| 2 | Johan Lilja | 95 | Sundsvalls FI | 8.40 | |
| 3 | Gustav Magnusson | 95 | IK Orient | 8.47 | |
| 4 | Fabian Revilla | 95 | Rånäs 4 H | 8.60 | |
| 5 | Niclas Svärdling | 95 | Täby IS | 8.62 | |
| 6 | Jacob Ewertzh | 95 | Hammarby IF | 8.69 | |
| 7 | Wilhelm Wegendal Rundst | 95 | Täby IS | 9.05 | |
| 8 | Linus Boyer | 95 | Nyköpings BIS | 10.35 | |
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| P16 | HÖJDHOPP | | 2011-02-19 | | |
| 1 | Marcus Löfgren | 95 | Luleå FI | 193 | |
| 2 | Jonathan Kruse | 95 | Uppsala IF | 193 | |
| 3 | Isak Persson | 95 | Hellas FK | 191 | |
| 4 | Max Andersson | 95 | Tierps IF | 191 | |
| 5 | Erik Bryngelsson | 95 | IK Orient | 188 | |
| 6 | Andreas Carlsson | 95 | IK Ymer | 185 | |
| 7 | Philip Andersson | 95 | SOK Träff | 185 | |
| 8 | Gustav Liberg | 95 | Ullevi FK | 185 | |
| 9 | Gabriel Heen | 95 | Huddinge AIS | 181 | |
| 10 | Philip Capobianco | 95 | KFUM Örebro | 177 | |
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| P16 | STAVHOPP | | 2011-02-20 | | |
| 1 | Magnus Jomyr | 95 | Örgryte IS | 430 | |

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|------------|-------------------------|----|-------------------|----------|------|
| 2 | David Kappelin | 95 | Örgryte IS | 397 | |
| 3 | Andreas Carlsson | 95 | IK Ymer | 392 | |
| 4 | Anton Evertsson | 95 | Habo FIF 04 | 392 | |
| 5 | Patric Rodås | 95 | Ullevi FK | 387 | |
| 6 | Harry Pihl | 95 | Piteå IF | 375 | |
| 7 | Fredrik Samuelsson | 95 | Hässelby SK | 367 | |
| 8 | Christian Lundström | 95 | Turebergs FK | 367 | |
| 9 | Fabian Revilla | 95 | Rånäs 4 H | Ej start | |
| 10 | Daniel Folkesson | 95 | Luleå FI | Ej res. | |
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| P16 | LÄNGDHOPP | | 2011-02-19 | | |
| 1 | Fabian Revilla | 95 | Rånäs 4 H | 660 | |
| 2 | Johan Lilja | 95 | Sundsvalls FI | 650 | |
| 3 | Max Andersson | 95 | Tierps IF | 646 | |
| 4 | Noak Ringman | 95 | IK Norrköping Fri | 644 | |
| 5 | Gustav Magnusson | 95 | IK Orient | 616 | |
| 6 | Kevin Fankl | 95 | Ullevi FK | 615 | 603 |
| 7 | Andreas Almlöf | 95 | Hammarby IF | 615 | 598 |
| 8 | Johan Meckbach | 95 | Täby IS | 603 | |
| 9 | André Andersson | 95 | Brattås CK | 594 | 590 |
| 10 | Adrian Almqvist | 95 | IK Hakarpspojkar | 594 | 588 |
| 11 | Mattias Hjelm | 95 | IFK Helsingborg | 594 | 580 |
| 12 | Niklas Alsing | 95 | Östersunds GIF | 585 | |
| 13 | Jean-Christian Zirignon | 95 | Piteå IF | 577 | |
| 14 | Henrik Sandberg | 95 | IFK Lund | 567 | |
| 15 | Henning Rydström | 95 | Hässelby SK | 564 | |
| 16 | Martin Selin | 95 | Ullevi FK | 561 | |
| 17 | Johan Stenvall | 95 | Bodens FI | 559 | |
| 18 | Ludwig Sjödin | 95 | Skellefteå AIK FI | 544 | |
| 19 | Jesper Hellström | 95 | Hässelby SK | 533 | |
| 20 | Martin Jonsson | 95 | SK Bore | 497 | |
| 21 | Marcus Löfgren | 95 | Luleå FI | Ej res. | |
| 22 | Christopher Swenning | 95 | Malmö AI | Ej res. | |
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| P16 | TRESTEG | | 2011-02-20 | | |
| 1 | Noak Ringman | 95 | IK Norrköping Fri | 1356 | |
| 2 | Antonis Dinopoulous | 95 | Uppsala IF | 1310 | |
| 3 | Martin Selin | 95 | Ullevi FK | 1291 | |
| 4 | Andreas Carlsson | 95 | IK Ymer | 1259 | 1254 |
| 5 | Jakob Flisak | 95 | Ullevi FK | 1259 | 1245 |
| 6 | Johan Stenvall | 95 | Bodens FI | 1246 | |
| 7 | Mattias Hjelm | 95 | IFK Helsingborg | 1233 | |
| 8 | Jesper Hellström | 95 | Hässelby SK | 1214 | |
| 9 | Eskil Grahn | 95 | Tranås AIF | 1209 | |
| 10 | Christopher Swenning | 95 | Malmö AI | 1164 | |
| 11 | Henrik Sandberg | 95 | IFK Lund | 1098 | |
| 12 | Ludwig Sjödin | 95 | Skellefteå AIK FI | 1051 | |
| 13 | Michael Chlebek | 95 | Väsby IK | 1041 | |
| | Marcus Löfgren | 95 | Luleå FI | Ej res. | |
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| P16 | KULA 5,0 KG | | 2011-02-19 | |
| 1 | Viktor Gardenkrans | 95 | Öresunds FK | 1749 |
| 2 | Gabriel Heen | 95 | Huddinge AIS | 1451 |
| 3 | Johan Lilja | 95 | Sundsvalls FI | 1433 |
| 4 | Quincy Andersson | 95 | Eslövs AI | 1391 |
| 5 | Gustav Liberg | 95 | Ullevi FK | 1385 |
| 6 | Tim Söderqvist | 95 | Dals Södra FFI | 1355 |
| 7 | Alexander Persson | 95 | Tyresö FK | 1292 |
| 8 | Michael Shirafkan Nejad | 95 | IF Göta | 1250 |
| 9 | Jean-Christian Zirignon | 95 | Piteå IF | 1247 |
| 10 | Christoffer Hagren | 95 | Turebergs FK | 1214 |
| 11 | Andreas Vinghed | 95 | Sundbybergs IK | 1161 |
| 12 | Viktor Hagren | 95 | Turebergs FK | 1122 |
| 13 | Daniel Folkesson | 95 | Luleå FI | 1117 |
| 14 | Martin Löfblom | 95 | Hanvikens SK | 1088 |
| | Filip Wahlmark | 95 | Spårvägens FK | Ej res. |
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| P16 | VIKTKASTNING 11,34 | | 2011-02-20 | |
| 1 | Viktor Gardenkrans | 95 | Öresunds FK | 1875 |
| 2 | André Nyman | 95 | Svenljunga IK | 1408 |
| 3 | Jakob Flisak | 95 | Ullevi FK | 1335 |
| 4 | Tim Söderqvist | 95 | Dals Södra FFI | 1309 |
| 5 | Alexander Persson | 95 | Tyresö FK | 1266 |
| 6 | Andreas Ringstam | 95 | Gefle IF | 1223 |
| 7 | Daniel Folkesson | 95 | Luleå FI | 1021 |
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| P15 | 60 M | | | |
| | FÖRSÖK 1 | | 2011-02-19 | |
| 1 | Saad Alsaudi | 96 | KFUM Kristianstad | 7.55 SF |
| 2 | Anton Sigurdsson | 96 | Malmö AI | 7.69 SF |
| 3 | Victor Fingal | 96 | Ullevi FK | 7.76 SF |
| 4 | Andreas Movin | 96 | IFK Lidingsö | 7.78 SF |
| 5 | Samuel Ingvarsson | 96 | Falu IK | 7.79 SF |
| 6 | Eric Hallquist | 96 | Östersunds GIF | 7.79 |
| 7 | Henrik Odenlid | 96 | Hässelby SK | 8.18 |
| | FÖRSÖK 2 | | 2011-02-19 | |
| 1 | Erik Martinsson | 96 | Gefle IF | 7.48 SF |
| 2 | Gustav Kjell | 96 | Turebergs FK | 7.52 SF |
| 3 | Bader Najjar | 96 | Malmö AI | 7.71 SF |
| 4 | Gustav Burman | 96 | Skellefteå AIK FI | 7.73 SF |
| 5 | Jean-Phillipe Zirignon | 96 | Piteå IF | 7.94 |
| 6 | Joakim Bäckman | 96 | Varbergs GIF | 8.02 |
| 7 | Marcus Rostmark | 96 | IFK Märsta | 8.10 |
| | FÖRSÖK 3 | | 2011-02-19 | |
| 1 | Felix So | 96 | IFK Göteborg | 7.62 SF |
| 2 | Hugo Forsberg | 96 | Ullevi FK | 7.67 SF |
| 3 | Pontus Attåsen | 96 | Uppsala IF | 7.75 SF |
| 4 | Alexander Thunberg | 96 | IK Stål | 7.85 |
| 5 | Andreas Pettersson | 96 | Umedalens IF | 7.90 |
| 6 | Jimmy Sundberg | 96 | Gefle IF | 8.17 |

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| | FÖRSÖK 4 | | 2011-02-19 | | |
| 1 | Markus Holmström | 96 | IF Hagen | 7.60 | SF |
| 2= | Erik Hermelin | 96 | IFK Lidingö | 7.70 | SF |
| 2= | Martin Björnsson | 96 | Sköldinge IF | 7.70 | SF |
| 4 | Jakob Lindström | 96 | Östersunds GIF | 7.77 | SF |
| 5 | Joar Husmark | 96 | Falu IK | 7.88 | |
| 6 | Tobias Jonsson | 96 | Dals Södra FFI | 7.89 | |
| 7 | Alexander Blomqvist | 96 | Haparanda SKT | 8.07 | |
| | SEMIFINAL 1 | | 2011-02-19 | | |
| 1 | Gustav Kjell | 96 | Turebergs FK | 7.39 | F |
| 2 | Erik Martinsson | 96 | Gefle IF | 7.43 | F |
| 3 | Felix So | 96 | IFK Göteborg | 7.63 | F |
| 4 | Martin Björnsson | 96 | Sköldinge IF | 7.69 | |
| 5 | Gustav Burman | 96 | Skellefteå AIK FI | 7.70 | |
| 6 | Erik Hermelin | 96 | IFK Lidingö | 7.73 | |
| 7 | Victor Fingal | 96 | Ullevi FK | 7.75 | |
| 8 | Samuel Ingvarsson | 96 | Falu IK | 7.87 | |
| | SEMIFINAL 2 | | 2011-02-19 | | |
| 1 | Saad Alsaudi | 96 | KFUM Kristianstad | 7.46 | F |
| 2 | Markus Holmström | 96 | IF Hagen | 7.55 | F |
| 3 | Hugo Forsberg | 96 | Ullevi FK | 7.55 | F |
| 4 | Pontus Attåsen | 96 | Upsala IF | 7.66 | F |
| 5 | Anton Sigurdsson | 96 | Malmö AI | 7.67 | F |
| 6 | Bader Najjar | 96 | Malmö AI | 7.69 | |
| 7 | Jakob Lindström | 96 | Östersunds GIF | 7.80 | |
| 8 | Andreas Movin | 96 | IFK Lidingö | 7.81 | |
| | FINAL | | 2011-02-19 | | |
| 1 | Gustav Kjell | 96 | Turebergs FK | 7.41 | |
| 2 | Erik Martinsson | 96 | Gefle IF | 7.52 | |
| 3 | Hugo Forsberg | 96 | Ullevi FK | 7.54 | |
| 4 | Saad Alsaudi | 96 | KFUM Kristianstad | 7.58 | |
| 5 | Markus Holmström | 96 | IF Hagen | 7.65 | |
| 6 | Anton Sigurdsson | 96 | Malmö AI | 7.69 | |
| 7 | Pontus Attåsen | 96 | Upsala IF | 7.72 | |
| 8 | Felix So | 96 | IFK Göteborg | 7.77 | |
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| P15 | 200 M | | | | |
| | FÖRSÖK 1 | | 2011-02-19 | | |
| 1 | Victor Fingal | 96 | Ullevi FK | 24.45 | SF |
| 2 | Noah Elliott | 96 | Ullevi FK | 24.89 | SF |
| 3 | William Levay | 96 | Danderyd Athletic | 26.15 | |
| 4 | Tobias Jonsson | 96 | Dals Södra FFI | 26.50 | |
| | FÖRSÖK 2 | | 2011-02-19 | | |
| 1 | Martin Björnsson | 96 | Sköldinge IF | 24.25 | SF |
| 2 | Pontus Attåsen | 96 | Upsala IF | 24.97 | SF |
| 3 | Richard Pettersson | 96 | Alingsås IF | 26.01 | |
| 4 | Oskar Franzén | 96 | Hasselby SK | 26.05 | |
| | FÖRSÖK 3 | | 2011-02-19 | | |
| 1 | Andreas Movin | 96 | IFK Lidingö | 24.90 | SF |
| 2 | Anton Johansson | 96 | KFUM Örebro | 25.18 | SF |

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| 3 | Erik Lidén | 96 | IFK Lidingö | 25.88 | |
| 4 | Henrik Lind | 96 | IFK Lidingö | 26.36 | |
| | FÖRSÖK 4 | | 2011-02-19 | | |
| 1 | Hugo Forsberg | 96 | Ullevi FK | 24.36 | SF |
| 2 | Anton Sigurdsson | 96 | Malmö AI | 25.40 | SF |
| 3 | Joakim Stenström | 96 | IK Hinden | 25.40 | |
| 4 | Andreas Pettersson | 96 | Umedalens IF | 26.45 | |
| | FÖRSÖK 5 | | 2011-02-19 | | |
| 1 | Erik Hermelin | 96 | IFK Lidingö | 24.25 | SF |
| 2 | Saad Alsaudi | 96 | KFUM Kristianstad | 25.15 | SF |
| 3 | Alexander Blomqvist | 96 | Haparanda SKT | 26.90 | |
| | Markus Holmström | 96 | IF Hagen | Ej start | |
| | FÖRSÖK 6 | | 2011-02-19 | | |
| 1 | Gustav Kjell | 96 | Turebergs FK | 24.21 | SF |
| 2 | Isak Andersson | 96 | Upsala IF | 24.97 | SF |
| 3 | Jean-Phillipe Zirignon | 96 | Piteå IF | 25.71 | |
| 4 | Joakim Bäckman | 96 | Varbergs GIF | 25.77 | |
| | SEMIFINAL 1 | | 2011-02-20 | | |
| 1 | Gustav Kjell | 96 | Turebergs FK | 23.92 | F |
| 2 | Andreas Movin | 96 | IFK Lidingö | 24.78 | |
| 3 | Noah Elliott | 96 | Ullevi FK | 24.92 | |
| 4 | Anton Sigurdsson | 96 | Malmö AI | 25.03 | |
| | SEMIFINAL 2 | | 2011-02-20 | | |
| 1 | Martin Björnsson | 96 | Sköldinge IF | 23.87 | F |
| 2 | Victor Fingal | 96 | Ullevi FK | 24.28 | |
| 3 | Anton Johansson | 96 | KFUM Örebro | 25.05 | |
| 4 | Pontus Attåsen | 96 | Upsala IF | 25.10 | |
| | SEMIFINAL 3 | | 2011-02-20 | | |
| 1 | Hugo Forsberg | 96 | Ullevi FK | 23.83 | F |
| 2 | Erik Hermelin | 96 | IFK Lidingö | 24.13 | F |
| 3 | Isak Andersson | 96 | Upsala IF | 24.94 | |
| | Saad Alsaudi | 96 | KFUM Kristianstad | Ej start | |
| | FINAL | | 2011-02-20 | | |
| 1 | Martin Björnsson | 96 | Sköldinge IF | 23.59 | |
| 2 | Hugo Forsberg | 96 | Ullevi FK | 23.87 | |
| 3 | Gustav Kjell | 96 | Turebergs FK | 23.95 | |
| 4 | Erik Hermelin | 96 | IFK Lidingö | 24.41 | |
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| P15 | 1000 M | | | | |
| | FÖRSÖK 1 | | 2011-02-19 | | |
| 1 | Johan Slagbrand | 96 | IFK Märsta | 2.50.14 | F |
| 2 | Karl Wallén | 96 | Istrums SK | 2.51.01 | F |
| 3 | Isak Andersson | 96 | Upsala IF | 2.52.22 | |
| 4 | Viggo Granlund | 96 | Danderyd Athletic | 2.54.99 | |
| 5 | Philip Wackendahl | 96 | Huddinge AIS | 2.55.46 | |
| 6 | Santiago Wilkman | 96 | Sundbybergs IK | 2.57.06 | |
| 7 | Johan Lindgren | 96 | Mölnåls AIK | 2.57.45 | |
| | FÖRSÖK 2 | | 2011-02-19 | | |
| 1 | Gustaf Stensjö | 96 | Sävedalens AIK | 2.48.14 | F |
| 2 | Gabriel Steffensen | 96 | Sävedalens AIK | 2.48.76 | F |

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|------------|--------------------------|----|----------------|----------|---|
| 3 | Kalle Berglund | 96 | UF Contact | 2.49.10 | F |
| 4 | Oscar Karlsson | 96 | Ullevi FK | 2.49.11 | F |
| 5 | Daniel Tapia | 96 | Hässelby SK | 2.57.11 | |
| 6 | Archie Casteel | 96 | Hellas FK | 2.58.62 | |
| 7 | Andreas Liss | 96 | Turebergs FK | 3.09.02 | |
| | FÖRSÖK 3 | | 2011-02-19 | | |
| 1 | Anton Persson | 96 | Hässelby SK | 2.49.31 | F |
| 2 | Filip Artursson | 96 | Bromma IF | 2.49.79 | F |
| 3 | Alexander Quick | 96 | IFK Lund | 2.52.63 | |
| 4 | Filip Wendelin | 96 | IFK Sala | 2.55.53 | |
| 5 | Sebastian Gonzalez | 96 | Rånäs 4 H | 2.58.88 | |
| 6 | Anton Wijk | 96 | Upsala IF | 3.09.79 | |
| | FINAL | | 2011-02-20 | | |
| 1 | Gustaf Stensjö | 96 | Sävedalens AIK | 2.43.01 | |
| 2 | Johan Slagbrand | 96 | IFK Märsta | 2.46.30 | |
| 3 | Gabriel Steffensen | 96 | Sävedalens AIK | 2.46.65 | |
| 4 | Karl Wallén | 96 | Istrums SK | 2.47.21 | |
| 5 | Filip Artursson | 96 | Bromma IF | 2.47.22 | |
| 6 | Kalle Berglund | 96 | UF Contact | 2.51.41 | |
| 7 | Anton Persson | 96 | Hässelby SK | 2.51.53 | |
| 8 | Oscar Karlsson | 96 | Ullevi FK | 2.53.82 | |
| | | | | | |
| P15 | 60 M HÄCK 84,0 CM | | | | |
| | FÖRSÖK 1 | | 2011-02-20 | | |
| 1 | Charles Mitala | 96 | Malmö AI | 8.39 | F |
| 2 | Alexander Thunberg | 96 | IK Stål | 8.86 | F |
| 3 | Joakim Stenström | 96 | IK Hinden | 8.96 | F |
| 4 | William Ullberg | 96 | Riviera FI | 9.25 | F |
| 5 | Jimmy Sundberg | 96 | Gefle IF | 9.27 | |
| 6 | Samuel Ingvarsson | 96 | Falu IK | 9.63 | |
| | Marcus Rostmark | 96 | IFK Märsta | Ej start | |
| | FÖRSÖK 2 | | 2011-02-20 | | |
| 1 | Victor Björklund | 96 | Upsala IF | 9.03 | F |
| 2 | Artur Engström | 96 | IK Ymer | 9.08 | F |
| 3 | Isak Hampel Klang | 96 | Hässelby SK | 9.10 | F |
| 4 | Jakob Johansson | 96 | Turebergs FK | 9.17 | F |
| 5 | Rasmus Bergman | 96 | Sundbybergs IK | 9.41 | |
| 6 | Richard Pettersson | 96 | Alingsås IF | 9.43 | |
| 7 | Henrik Thoms | 96 | Hanvikens SK | 9.82 | |
| 8 | Omar Chamsine | 96 | Hässelby SK | 9.98 | |
| | FINAL | | 2011-02-20 | | |
| 1 | Charles Mitala | 96 | Malmö AI | 8.17 | |
| 2 | Victor Björklund | 96 | Upsala IF | 8.78 | |
| 3 | Alexander Thunberg | 96 | IK Stål | 8.85 | |
| 4 | Joakim Stenström | 96 | IK Hinden | 8.96 | |
| 5 | Isak Hampel Klang | 96 | Hässelby SK | 9.01 | |
| 6 | Jakob Johansson | 96 | Turebergs FK | 9.13 | |
| 7 | Artur Engström | 96 | IK Ymer | 9.24 | |
| 8 | William Ullberg | 96 | Riviera FI | 9.33 | |
| | | | | | |

| P15 | HÖJDHOPP | | 2011-02-19 | | |
|------------|--------------------------|----|-------------------|----------|----------|
| 1 | Pontus Sterner Johansson | 96 | Malmö AI | 192 | |
| 2 | Fabian Delryd | 96 | Täby IS | 186 | |
| 3 | Oskar Nilsson | 96 | Skellefteå AIK FI | 182 | |
| 4 | Henrik Thoms | 96 | Hanvikens SK | 179 | |
| 5 | Mathieu Nilsson | 96 | IF Göta | 179 | |
| 6 | Thobias Nilsson Montler | 96 | IF Kronan | 176 | |
| 7 | Hampus Edqvist | 96 | KFUM Örebro | 176 | |
| 8 | Jakob Johansson | 96 | Turebergs FK | 172 | |
| 9 | Jakob Lindström | 96 | Östersunds GIF | 162 | |
| 10 | Christoffer Ekberg | 96 | IFK Lidingö | 162 | |
| | Jesper Enlund | 96 | IK Sisu | Ej res. | |
| | Axel Ohlson | 96 | Hässelby SK | Ej res. | |
| | | | | | |
| P15 | STAVHOPP | | 2011-02-20 | | |
| 1 | Hannes Burman | 96 | Skellefteå AIK FI | 378 | |
| 2= | Carl Ivarsson | 96 | Lerum FI | 372 | |
| 2= | Jonathan Nordh | 96 | Sävedalens AIK | 372 | |
| 4 | Jacob Staaf | 96 | Bålsta IK | 348 | |
| 5 | Jens Roslund | 96 | Stocksätters IF | 320 | |
| 6 | Jakob Johansson | 96 | Turebergs FK | 320 | |
| 7 | Jonatan Edsinger | 96 | Lerum FI | 299 | |
| 8 | Andreas Söderlund | 96 | Lerum FI | 278 | |
| 9 | Jesper Wande | 96 | Piteå IF | 278 | |
| 10= | Jimmy Sundberg | 96 | Gefle IF | 257 | |
| 10= | Mattias Nilsson | 96 | Luleå FI | 257 | |
| | Esa Hiltunen | 96 | Ullevi FK | Ej start | |
| | Carl Thunberg | 96 | Örgryte IS | Ej res. | |
| | | | | | |
| P15 | LÄNGDHOPP | | 2011-02-20 | | |
| 1 | Charles Mitala | 96 | Malmö AI | 636 | |
| 2 | Isak Hampel Klang | 96 | Hässelby SK | 634 | |
| 3 | Erik Martinsson | 96 | Gefle IF | 622 | |
| 4 | Felix So | 96 | IFK Göteborg | 612 | |
| 5 | Jimmy Sundberg | 96 | Gefle IF | 595 | |
| 6 | Thobias Nilsson Montler | 96 | IF Kronan | 582 | 580 |
| 7 | William Bergenarp | 96 | Glanshammars IF | 582 | 556 |
| 8 | Marcus Rostmark | 96 | IFK Märsta | 581 | |
| 9 | Artur Engström | 96 | IK Ymer | 569 | 559, 552 |
| 10 | Rasmus Bergman | 96 | Sundbybergs IK | 569 | 559, 531 |
| 11 | Oskar Nilsson | 96 | Skellefteå AIK FI | 564 | 555 |
| 12 | Noah Elliott | 96 | Ullevi FK | 564 | 538 |
| 13 | Joakim Bäckman | 96 | Varbergs GIF | 562 | |
| 14 | Joar Husmark | 96 | Falu IK | 561 | |
| 15 | Jesper Frykholm | 96 | Glanshammars IF | 555 | |
| 16 | Tobias Jonsson | 96 | Dals Södra FFI | 554 | |
| 17 | Alexander Thunberg | 96 | IK Stål | 544 | |
| 18 | Mathieu Nilsson | 96 | IF Göta | 533 | 524 |
| 19 | Eric Hallquist | 96 | Östersunds GIF | 533 | 520 |
| 20 | William Ullberg | 96 | Riviera FI | 532 | |

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|------------|--------------------------|----|-------------------|----------|------|
| 21 | Jakob Lindström | 96 | Östersunds GIF | 529 | |
| 22 | Jonathan Persgård | 96 | Kongahälla AIK | 528 | |
| 23 | Omar Chamsine | 96 | Hässelby SK | 504 | |
| 24 | Johan Laszlo | 96 | Kungsängens SK | 448 | |
| 25 | Per Johansson | 96 | Sävedalens AIK | Ej res. | |
| 26 | Albin Lager | 96 | KFUM Örebro | Ej start | |
| | | | | | |
| P15 | TRESTEG | | 2011-02-19 | | |
| 1 | Thobias Nilsson Montler | 96 | IF Kronan | 1300 | |
| 2 | Artur Engström | 96 | IK Ymer | 1261 | |
| 3 | Felix So | 96 | IFK Göteborg | 1243 | |
| 4 | Rasmus Bergman | 96 | Sundbybergs IK | 1209 | |
| 5 | Anton Johansson | 96 | KFUM Örebro | 1206 | |
| 6 | Eric Hallquist | 96 | Östersunds GIF | 1200 | |
| 7 | Gustav Norén | 96 | Örbyhus IF | 1166 | |
| 8 | Jonathan Persgård | 96 | Kongahälla AIK | 1161 | 1138 |
| 9 | Hugo Windisch | 96 | IK Norrköping Fri | 1161 | x |
| 10 | Jesper Frykholm | 96 | Glanshammars IF | 1145 | |
| 11 | Manne Persson | 96 | Hammarby IF | 1107 | |
| 12 | Per Johansson | 96 | Sävedalens AIK | 1078 | |
| | | | | | |
| P15 | KULA 4,0 KG | | 2011-02-19 | | |
| 1 | Axel Ohlson | 96 | Hässelby SK | 1496 | |
| 2 | Anton Johansson | 96 | KFUM Örebro | 1459 | |
| 3 | Albin Lager | 96 | KFUM Örebro | 1438 | |
| 4 | Hannes Burman | 96 | Skellefteå AIK FI | 1436 | |
| 5 | Fredrik Gerdorff | 96 | Sundsvalls FI | 1429 | |
| 6 | Martin Gustavsson | 96 | IFK Sunne | 1381 | |
| 7 | Gustav Burman | 96 | Skellefteå AIK FI | 1306 | |
| 8 | Eric Hacksell | 96 | Hässelby SK | 1283 | 1261 |
| 9 | William Ullberg | 96 | Riviera FI | 1283 | 1175 |
| 10 | Simon Evertsson | 96 | Trollhättans FIK | 1257 | |
| 11 | Victor Björklund | 96 | Upsala IF | 1233 | |
| 12 | Filip Wendelin | 96 | IFK Sala | 1213 | |
| 13 | Emil Berggren | 96 | Eslövs AI | 1154 | |
| 14 | Tobias Jonsson | 96 | Dals Södra FFI | 1145 | |
| 15 | Jonathan Gunninge | 96 | IK Sisu | 1143 | |
| 16 | Mattias Nilsson | 96 | Luleå FI | 1113 | |
| | | | | | |
| P15 | VIKTKASTNING 9,08 | | 2011-02-20 | | |
| 1 | Chris Arnoldsson | 96 | Turebergs FK | 1933 | |
| 2 | Axel Ohlson | 96 | Hässelby SK | 1445 | |
| 3 | Fredrik Gerdorff | 96 | Sundsvalls FI | 1334 | |
| 4 | Arvid Petersson | 96 | Hässleholms AIS | 1238 | |
| 5 | Mattias Nilsson | 96 | Luleå FI | 1187 | |
| 6 | Gustav Burman | 96 | Skellefteå AIK FI | 1027 | |
| 7 | Jakob Stenberg | 96 | Högbo GIF | 944 | |
| | | | | | |
| F16 | 60 M | | | | |
| | FÖRSÖK 1 | | 2011-02-20 | | |

| | | | | | |
|---|-------------------------|----|-------------------|----------|---------------|
| 1 | Alice Petersson | 95 | FIK Kalmarsund | 8.07 | SF |
| 2 | Michelle Tyborn | 95 | Alingsås IF | 8.10 | SF |
| 3 | Emilie Orosz | 95 | Ljungby FIK | 8.15 | SF |
| 4 | Hanna Fors | 95 | Piteå IF | 8.43 | |
| 5 | Hanna Welling | 95 | Väsby IK | 9.36 | |
| | Nina Lundin | 95 | Göteborgs Kvinnli | Diskv. | Felakt. start |
| | FÖRSÖK 2 | | 2011-02-20 | | |
| 1 | Elin Lindell | 95 | Hammarby IF | 8.03 | SF |
| 2 | Felicia Olsson | 95 | Rånäs 4 H | 8.05 | SF |
| 3 | Karolina Nikamo | 95 | IFK Märsta | 8.06 | SF |
| 4 | Alexandra Bartee | 95 | Gefle IF | 8.12 | SF |
| 5 | Johanna Helgesson | 95 | Huddinge AIS | 8.24 | SF |
| 6 | Elin Sjödin | 95 | Piteå IF | 8.66 | |
| | FÖRSÖK 3 | | 2011-02-20 | | |
| 1 | Susanne Schussler | 95 | IF Göta | 7.96 | SF |
| 2 | Sandra Törnros | 95 | Gefle IF | 8.03 | SF |
| 3 | Wilma Kroon | 95 | Malmö AI | 8.07 | SF |
| 4 | Moa Beckman | 95 | IFK Lund | 8.29 | SF |
| 5 | Louise Gabrielsson | 95 | Huddinge AIS | 8.29 | |
| 6 | Karin Grann | 95 | Alingsås IF | 8.33 | |
| 7 | Angelika Karlsson Thean | 95 | IK Norrköping Fri | 8.42 | |
| | FÖRSÖK 4 | | 2011-02-20 | | |
| 1 | Elise Malmberg | 95 | Hässleholms AIS | 8.00 | SF |
| 2 | Alina Lindqvist | 95 | Väsby IK | 8.08 | SF |
| 3 | Fanny Panboon | 95 | Skellefteå AIK FI | 8.15 | SF |
| 4 | Johanna Strandberg | 95 | IFK Halmstad | 8.19 | SF |
| 5 | Ellen Widengård | 95 | Tanums IF | 8.33 | |
| | Mathilda Svensson | 95 | Ullevi FK | Ej start | |
| | SEMIFINAL 1 | | 2011-02-20 | | |
| 1 | Susanne Schussler | 95 | IF Göta | 7.82 | F |
| 2 | Karolina Nikamo | 95 | IFK Märsta | 7.95 | F |
| 3 | Sandra Törnros | 95 | Gefle IF | 7.96 | F |
| 4 | Alice Petersson | 95 | FIK Kalmarsund | 8.04 | F |
| 5 | Michelle Tyborn | 95 | Alingsås IF | 8.08 | F |
| 6 | Emilie Orosz | 95 | Ljungby FIK | 8.17 | |
| 7 | Fanny Panboon | 95 | Skellefteå AIK FI | 8.20 | |
| 8 | Moa Beckman | 95 | IFK Lund | 8.28 | |
| | SEMIFINAL 2 | | 2011-02-20 | | |
| 1 | Elin Lindell | 95 | Hammarby IF | 7.92 | F |
| 2 | Elise Malmberg | 95 | Hässleholms AIS | 7.94 | F |
| 3 | Wilma Kroon | 95 | Malmö AI | 7.96 | F |
| 4 | Felicia Olsson | 95 | Rånäs 4 H | 8.09 | |
| 5 | Alexandra Bartee | 95 | Gefle IF | 8.18 | |
| 6 | Johanna Strandberg | 95 | IFK Halmstad | 8.18 | |
| 7 | Alina Lindqvist | 95 | Väsby IK | 8.20 | |
| 8 | Johanna Helgesson | 95 | Huddinge AIS | 8.22 | |
| | FINAL | | 2011-02-20 | | |
| 1 | Susanne Schussler | 95 | IF Göta | 7.79 | |

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|------------|--------------------------|----|-----------------|---------|---------|
| 2 | Sandra Törnros | 95 | Gefle IF | 7.83 | |
| 3 | Elin Lindell | 95 | Hammarby IF | 7.87 | |
| 4 | Elise Malmberg | 95 | Hässleholms AIS | 7.90 | |
| 5 | Karolina Nikamo | 95 | IFK Märsta | 7.95 | |
| 6 | Wilma Kroon | 95 | Malmö AI | 7.99 | |
| 7 | Alice Petersson | 95 | FIK Kalmarsund | 8.02 | |
| 8 | Michelle Tyborn | 95 | Alingsås IF | 8.12 | |
| | | | | | |
| F16 | 400 M | | | | |
| | FÖRSÖK 1 | | 2011-02-19 | | |
| 1 | Sofia Linde | 95 | Täby IS | 60.27 | F 28,11 |
| 2 | Elin Eriksson | 95 | Falu IK | 61.10 | F 28,95 |
| 3 | Eveliina Hiltunen | 95 | Ullevi FK | 64.04 | 29,25 |
| | FÖRSÖK 2 | | 2011-02-19 | | |
| 1 | Ida Jansson | 95 | Rånäs 4 H | 61.10 | F 29,06 |
| 2 | Isabell Norstedt | 95 | IFK Helsingborg | 61.46 | 29,56 |
| 3 | Astrid Erixon | 95 | Söderhamns IF | 65.88 | 29,98 |
| | FÖRSÖK 3 | | 2011-02-19 | | |
| 1 | Betty Strandberg | 95 | Gefle IF | 61.60 | F 29,43 |
| 2 | Minda Langmoen | 95 | Ullevi FK | 62.20 | 29,78 |
| 3 | Michaela Lindegran | 95 | Mölnåls AIK | 63.93 | 30,14 |
| | FINAL | | 2011-02-20 | | |
| 1 | Betty Strandberg | 95 | Gefle IF | 57.47 | 27,38 |
| 2 | Sofia Linde | 95 | Täby IS | 58.70 | 27,93 |
| 3 | Ida Jansson | 95 | Rånäs 4 H | 58.85 | 27,76 |
| 4 | Elin Eriksson | 95 | Falu IK | 61.22 | 28,67 |
| | | | | | |
| F16 | 1500 M | | | | |
| | FINAL | | 2011-02-20 | | |
| 1 | Sarah Lahti | 95 | Klippans FK | 4.45.60 | |
| 2 | Isabell Norstedt | 95 | IFK Helsingborg | 4.48.39 | |
| 3 | Emilia Elofsson | 95 | Lidköpings IS | 4.54.05 | |
| 4 | Lisa Bergdahl | 95 | Glanshammars IF | 4.58.13 | |
| 5 | Jenny Biesert | 95 | SK Graal | 5.00.49 | |
| 6 | Amanda Trense | 95 | Östersunds GIF | 5.02.42 | |
| 7 | Emma Fogelkvist | 95 | Spårvägens FK | 5.03.49 | |
| 8 | Sophia Persson | 95 | Huddinge AIS | 5.11.59 | |
| 9 | Evelina Landstedt | 95 | Falu IK | 5.12.53 | |
| 10 | Nike Alfredsson | 95 | Rånäs 4 H | 5.17.50 | |
| 11 | Emelie Svensson | 95 | IFK Mora | 5.25.06 | |
| 12 | Hanna Karlsson | 95 | Rånäs 4 H | 5.28.84 | |
| | | | | | |
| F16 | 60 M HÄCK 76,2 CM | | | | |
| | FÖRSÖK 1 | | 2011-02-19 | | |
| 1 | Johanna Holmén Svensson | 95 | Alingsås IF | 8.91 | F |
| 2 | Sofia Linde | 95 | Täby IS | 8.91 | F |
| 3 | Isabelle Pauksens | 95 | Rånäs 4 H | 8.97 | F |
| 4 | Frida Johansson | 95 | IF Göta | 9.61 | |
| 5 | Emelie Larsson | 95 | Mölnåls AIK | 9.69 | |

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|------------|-------------------------|----|-------------------|---------|---------------|
| 6 | Sarah Larsson | 95 | IF Göta | 9.73 | |
| 7 | Frida Jansson | 95 | IFK Växjö | 9.73 | |
| | Elin Lindeblad | 95 | FIK Kalmarsund | Diskv. | felakt. start |
| | FÖRSÖK 2 | | 2011-02-19 | | |
| 1 | Jenny Carlsson | 95 | Ullevi FK | 8.88 | F |
| 2 | Elise Malmberg | 95 | Hässleholms AIS | 8.92 | F |
| 3 | Malin Skogström | 95 | Täby IS | 9.02 | F |
| 4 | Sofia Mossberg | 95 | Falu IK | 9.07 | F |
| 5 | Elin Lindell | 95 | Hammarby IF | 9.28 | F |
| 6 | Agnes Johansson | 95 | Trollhättans FIK | 9.38 | |
| 7 | Mathilda Svensson | 95 | Ullevi FK | 9.57 | |
| 8 | Olivia Wiktorsson | 95 | Östersunds GIF | 9.96 | |
| | FINAL | | 2011-02-19 | | |
| 1 | Elise Malmberg | 95 | Hässleholms AIS | 8.71 | |
| 2 | Sofia Linde | 95 | Täby IS | 8.76 | |
| 3 | Jenny Carlsson | 95 | Ullevi FK | 8.76 | |
| 4 | Johanna Holmén Svensson | 95 | Alingsås IF | 8.92 | |
| 5 | Isabelle Pauksens | 95 | Rånäs 4 H | 8.98 | |
| 6 | Sofia Mossberg | 95 | Falu IK | 9.01 | |
| 7 | Elin Lindell | 95 | Hammarby IF | 9.19 | |
| | Malin Skogström | 95 | Täby IS | Bröt | |
| | | | | | |
| F16 | HÖJDHOPP | | 2011-02-20 | | |
| 1 | Elin Andersson | 95 | IFK Växjö | 171 | |
| 2 | Molly Bergvall | 95 | IFK Växjö | 171 | |
| 3 | Erika Löke | 95 | Falu IK | 169 | |
| 4 | Louise Österberg | 95 | Söderhamns IF | 163 | |
| 5 | Klara Helander | 95 | Upsala IF | 159 | |
| 6= | Sofia Mossberg | 95 | Falu IK | 159 | |
| 6= | Frida Jansson | 95 | IFK Växjö | 159 | |
| 8 | Emma Schack | 95 | Åhus FK | 159 | |
| 9 | Isabelle Pauksens | 95 | Rånäs 4 H | 159 | |
| 10= | Jenny Axelsson | 95 | Båstads GIF | 155 | |
| 10= | Hanna Österberg | 95 | IF Göta | 155 | |
| 10= | Malin Skogström | 95 | Täby IS | 155 | |
| 13 | Linda Skantze | 95 | IFK Lidingö | 155 | |
| 14= | Alina Lindqvist | 95 | Väsby IK | 155 | |
| 14= | Hanna Welling | 95 | Väsby IK | 155 | |
| 16 | Hanna Jansson | 95 | Falu IK | 149 | |
| | Isabella Rosenquist | 95 | IF Göta | Ej res. | |
| | | | | | |
| F16 | STAVHOPP | | 2011-02-19 | | |
| 1 | Terese Dimblad Gonzalez | 95 | Malmö AI | 361 | |
| 2 | Louise Gabrielsson | 95 | Huddinge AIS | 324 | |
| 3 | Sara Skogman | 95 | Örgryte IS | 318 | |
| 4 | Nellie Becke | 95 | Malmö AI | 303 | |
| 5 | Denise Eriksson | 95 | Gefle IF | 294 | |
| 6 | Ina Westin | 95 | Haparanda SKT | 266 | |

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|------------|---------------------|----|-------------------|---------|---|
| 7 | Sanna Ericson | 95 | Falu IK | 266 | |
| 8 | Sara Larsson | 95 | IF Göta | 245 | |
| 9 | Hanna Johansson | 95 | Säters IF FIK | 245 | |
| | Hanna Jansson | 95 | Falu IK | Ej res. | |
| | | | | | |
| F16 | LÄNGDHOPP | | | | |
| | KVAL A | | 2011-02-19 | | |
| 1= | Fanny Anonsen | 95 | Gefle IF | 546 | F |
| 1= | Sofia Nilsson | 95 | Gefle IF | 546 | F |
| 3 | Ellinor Bill | 95 | Hammarby IF | 536 | F |
| 4 | Erika Löke | 95 | Falu IK | 535 | F |
| 5 | Alice Petersson | 95 | FIK Kalmarsund | 531 | F |
| 6 | Agnes Johansson | 95 | Trollhättans FIK | 528 | F |
| 7 | Frida Johansson | 95 | IF Göta | 525 | F |
| 8 | Malin Skogström | 95 | Täby IS | 514 | |
| 9 | Nina Lundin | 95 | Göteborgs Kvinnli | 486 | |
| 10 | Fanny Panboon | 95 | Skellefteå AIK FI | 481 | |
| 11 | Isabella Rosenquist | 95 | IF Göta | 467 | |
| 12 | Hanna Welling | 95 | Väsby IK | 431 | |
| 13 | Hanna Fors | 95 | Piteå IF | 341 | |
| | KVAL B | | 2011-02-19 | | |
| 1 | Sandra Törnros | 95 | Gefle IF | 574 | F |
| 2 | Elise Malmberg | 95 | Hässleholms AIS | 562 | F |
| 3 | Matilda Matthys | 95 | GoIF Tjalve | 533 | F |
| 4 | Alina Lindqvist | 95 | Väsby IK | 531 | F |
| 5 | Hannah Svensson | 95 | Huddinge AIS | 527 | F |
| 6 | Sofia Mossberg | 95 | Falu IK | 522 | |
| 7 | Nathalie Erlingcarl | 95 | Hässelby SK | 517 | |
| 8 | Johanna Helgesson | 95 | Huddinge AIS | 494 | |
| 9 | Wilma Kroon | 95 | Malmö AI | 494 | |
| 10 | Josefin Nyblom | 95 | Turebergs FK | 480 | |
| 11 | Sarah Larsson | 95 | IF Göta | 460 | |
| 12 | Karolina Nikamo | 95 | IFK Märsta | 446 | |
| 13 | Charlotte Alatalo | 95 | Mölnåls AIK | 352 | |
| 14 | Lisa Sandström | 95 | IFK Sunne | 322 | |
| | FINAL | | 2011-02-19 | | |
| 1 | Elise Malmberg | 95 | Hässleholms AIS | 602 | |
| 2 | Sandra Törnros | 95 | Gefle IF | 588 | |
| 3 | Erika Löke | 95 | Falu IK | 574 | |
| 4 | Fanny Anonsen | 95 | Gefle IF | 572 | |
| 5 | Sofia Nilsson | 95 | Gefle IF | 571 | |
| 6 | Matilda Matthys | 95 | GoIF Tjalve | 555 | |
| 7 | Agnes Johansson | 95 | Trollhättans FIK | 548 | |
| 8 | Ellinor Bill | 95 | Hammarby IF | 536 | |
| 9 | Frida Johansson | 95 | IF Göta | 534 | |
| 10 | Hannah Svensson | 95 | Huddinge AIS | 531 | |
| 11 | Alice Petersson | 95 | FIK Kalmarsund | 520 | |
| 12 | Alina Lindqvist | 95 | Väsby IK | 519 | |
| | | | | | |
| F16 | TRESTEG | | 2011-02-20 | | |

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|------------|-----------------------------|----|-------------------|---------|------|
| 1 | Sofia Nilsson | 95 | Gefle IF | 1238 | |
| 2 | Ellinor Bill | 95 | Hammarby IF | 1218 | |
| 3 | Fanny Anonsen | 95 | Gefle IF | 1209 | |
| 4 | Frida Johansson | 95 | IF Göta | 1145 | |
| 5 | Elise Malmberg | 95 | Hässleholms AIS | 1143 | |
| 6 | Hannah Svensson | 95 | Huddinge AIS | 1136 | |
| 7 | Emelie Larsson | 95 | Mölndals AIK | 1111 | |
| 8 | Alexandra Bartee | 95 | Gefle IF | 1096 | |
| 9 | Isabelle Pauksens | 95 | Rånäs 4 H | 1079 | 1058 |
| 10 | Johanna Holmén Svensson | 95 | Alingsås IF | 1079 | 1028 |
| 11 | Olivia Wiktorsson | 95 | Östersunds GIF | 1054 | |
| 12 | Linnea Carlsson | 95 | Årila IF | 1045 | |
| 13 | Hanna Fors | 95 | Piteå IF | 1036 | |
| 14 | Hedvig Palm | 95 | Duvbo IK | 1004 | |
| 15 | Sarah Larsson | 95 | IF Göta | 985 | |
| | Lovisa Frykholm | 95 | Glanshammars IF | Ej res. | |
| | | | | | |
| F16 | KULA 3,0 KG | | 2011-02-19 | | |
| 1 | Fanny Roos | 95 | Ljungby FIK | 1431 | |
| 2 | Sofia Linde | 95 | Täby IS | 1353 | |
| 3 | Marinda Petersson | 95 | Hässleholms AIS | 1275 | |
| 4 | Sofi Flink | 95 | Västerås FK | 1212 | |
| 5 | Emma Kullin | 95 | Huddinge AIS | 1163 | |
| 6 | Maria Nilsson | 95 | IK Orient | 1153 | |
| 7 | Elin Jonsson | 95 | IK Ymer | 1144 | 1117 |
| 8 | Jennie Walfridsson | 95 | FK Athlet | 1144 | 1111 |
| 9 | Nathalie Erlingcarl | 95 | Hasselby SK | 1097 | |
| 10 | Nadia Shirafkan Nejad | 95 | IF Göta | 1077 | |
| 11 | Cornelia Hansson | 95 | FGF Gotland | 1070 | |
| 12 | Caroline Ljungström | 95 | Täby IS | 1048 | |
| 13 | Frida Jansson | 95 | IFK Växjö | 1032 | |
| 14 | Jennifer Björklund | 95 | Enköpings AIF | 1008 | |
| 15 | Freja Awebäck | 95 | Hammarby IF | 997 | |
| 16 | Lovisa Helmius | 95 | IFK Lund | 965 | |
| 17 | Fanny Hjorth | 95 | Säters IF FIK | 932 | |
| | | | | | |
| F16 | VIKTKASTNING 9,08 KG | | 2011-02-20 | | |
| 1 | Alessandra Wall | 95 | Ullevi FK | 1443 | |
| 2 | Matilda Åström | 95 | Gefle IF | 1347 | |
| 3 | Fanny Roos | 95 | Ljungby FIK | 1290 | |
| 4 | Marinda Petersson | 95 | Hässleholms AIS | 1266 | |
| 5 | Julia Karlsson | 95 | IF Göta | 1224 | |
| 6 | Josefina Frenander | 95 | IFK Lund | 1182 | |
| 7 | Lovisa Helmius | 95 | IFK Lund | 1140 | |
| 8 | Nadia Shirafkan Nejad | 95 | IF Göta | 1084 | |
| 9 | Cornelia Hansson | 95 | FGF Gotland | 1068 | |
| 10 | Fanny Hjorth | 95 | Säters IF FIK | 899 | |
| 11 | Josefin Krieg | 95 | Huddinge AIS | 846 | |
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| F15 | 60 M | | | | |

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|---|----------------------|----|-------------------|--------|---------------|
| | FÖRSÖK 1 | | 2011-02-19 | | |
| 1 | Linnea Sandell | 96 | IF Kronan | 8.01 | SF |
| 2 | Emma Gällstedt | 96 | Gefle IF | 8.06 | SF |
| 3 | Amanda Jansson | 96 | Örbyhus IF | 8.24 | SF |
| 4 | Sofia Wickström | 96 | Huddinge AIS | 8.41 | |
| 5 | Maja Persson | 96 | IF Rigor | 8.45 | |
| 6 | Klara Skyvell | 96 | IFK Helsingborg | 8.46 | |
| 7 | Fanny Hille | 96 | Falköpings FIK | 8.67 | |
| 8 | Madeleine Bengtsson | 96 | Väsby IK | 9.18 | |
| | FÖRSÖK 2 | | 2011-02-19 | | |
| 1 | Adriana Janic | 96 | Malmö AI | 7.89 | SF |
| 2 | Julia Strömberg | 96 | Sundsvalls FI | 8.02 | SF |
| 3 | Johanna Elfving | 96 | KFUM Örebro | 8.15 | SF |
| 4 | Hanna Palmqvist | 96 | Mölndals AIK | 8.16 | SF |
| 5 | Julia Axelsson Svärd | 96 | Ängelholms IF | 8.22 | SF |
| | Mikaela Johannesson | 96 | IK Heros FIK | Diskv. | Felakt. start |
| | Izabella Salkola | 96 | IF Rigor | Diskv. | Felakt. start |
| | FÖRSÖK 3 | | 2011-02-19 | | |
| 1 | Amber Helminski | 96 | IF Rigor | 7.98 | SF |
| 2 | Linnea Hård | 96 | Karlskoga FI | 8.02 | SF |
| 3 | Alexandra Jensen | 96 | Huddinge AIS | 8.09 | SF |
| 4 | Sara Jacobsson | 96 | Malmö AI | 8.22 | SF |
| 5 | Amanda Löfström | 96 | Ullevi FK | 8.38 | |
| 6 | Moa Ullgren | 96 | GoIF Tjalve | 8.45 | |
| 7 | Johanna Norén | 96 | IF Göta | 8.47 | |
| 8 | Linn Hessler | 96 | Ullevi FK | 8.55 | |
| | FÖRSÖK 4 | | 2011-02-19 | | |
| 1 | Emilia Kjellberg | 96 | IFK Sunne | 7.99 | SF |
| 2 | Yasmin Jelassi | 96 | Hammarby IF | 8.05 | SF |
| 3 | Amanda Lindh | 96 | Huddinge AIS | 8.07 | SF |
| 4 | Izabelle Kjellberg | 96 | IF Göta | 8.10 | SF |
| 5 | Sanna Oscarson | 96 | IK Ymer | 8.38 | |
| 6 | Hanna Johnsson | 96 | Sundbybergs IK | 8.42 | |
| 7 | Jennifer Karlsson | 96 | IK Norrköping Fri | 8.45 | |
| 8 | Ellinor Englundh | 96 | Sätters IF FIK | 8.59 | |
| | SEMIFINAL 1 | | 2011-02-19 | | |
| 1 | Adriana Janic | 96 | Malmö AI | 7.91 | F |
| 2 | Linnea Sandell | 96 | IF Kronan | 7.98 | F |
| 3 | Izabelle Kjellberg | 96 | IF Göta | 8.04 | F |
| 4 | Emma Gällstedt | 96 | Gefle IF | 8.07 | F |
| 5 | Amanda Lindh | 96 | Huddinge AIS | 8.09 | |
| 6 | Julia Strömberg | 96 | Sundsvalls FI | 8.14 | |
| 7 | Amanda Jansson | 96 | Örbyhus IF | 8.22 | |
| 8 | Sara Jacobsson | 96 | Malmö AI | 8.35 | |
| | SEMIFINAL 2 | | 2011-02-19 | | |
| 1 | Emilia Kjellberg | 96 | IFK Sunne | 7.91 | F |
| 2 | Amber Helminski | 96 | IF Rigor | 7.92 | F |
| 3 | Yasmin Jelassi | 96 | Hammarby IF | 8.00 | F |
| 4 | Linnea Hård | 96 | Karlskoga FI | 8.04 | F |
| 5 | Alexandra Jensen | 96 | Huddinge AIS | 8.10 | |

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|------------|--------------------------|----|-----------------|--------|--------------|
| 6 | Hanna Palmqvist | 96 | Mölndals AIK | 8.24 | |
| 7 | Johanna Elfving | 96 | KFUM Örebro | 8.25 | |
| 8 | Julia Axelsson Svärd | 96 | Ängelholms IF | 8.29 | |
| | FINAL | | 2011-02-19 | | |
| 1 | Amber Helminski | 96 | IF Rigor | 7.82 | |
| 2 | Emilia Kjellberg | 96 | IFK Sunne | 7.92 | |
| 3 | Adriana Janic | 96 | Malmö AI | 7.96 | |
| 4 | Linnea Sandell | 96 | IF Kronan | 8.00 | |
| 5 | Emma Gällstedt | 96 | Gefle IF | 8.01 | |
| 6 | Izabelle Kjellberg | 96 | IF Göta | 8.04 | |
| 7 | Yasmin Jelassi | 96 | Hammarby IF | 8.06 | |
| 8 | Linnea Hård | 96 | Karlskoga FI | 8.16 | |
| | | | | | |
| F15 | 200 M | | | | |
| | FÖRSÖK 1 | | 2011-02-19 | | |
| 1 | Sara Jacobsson | 96 | Malmö AI | 27.08 | SF |
| 2 | Sofia Wickström | 96 | Huddinge AIS | 27.33 | SF |
| 3 | Olivia Jurcola | 96 | Huddinge AIS | 27.70 | SF |
| 4 | Maja Persson | 96 | IF Rigor | 28.34 | |
| | FÖRSÖK 2 | | 2011-02-19 | | |
| 1 | Madeleine Björilin Delma | 96 | IFK Göteborg | 26.73 | SF |
| 2 | Frida Grindheim | 96 | IFK Helsingborg | 27.21 | SF |
| 3 | Marie Jezdic | 96 | Hässelby SK | 28.75 | |
| | FÖRSÖK 3 | | 2011-02-19 | | |
| 1 | Amanda Lindh | 96 | Huddinge AIS | 26.28 | SF |
| 2 | Hedda Hedenskog | 96 | Hässelby SK | 27.79 | |
| 3 | Klara Skyvell | 96 | IFK Helsingborg | 27.87 | |
| 4 | Izabella Salkola | 96 | IF Rigor | 29.55 | |
| | FÖRSÖK 4 | | 2011-02-19 | | |
| 1 | Mikaela Johannesson | 96 | IK Heros FIK | 26.41 | SF |
| 2 | Julia Axelsson Svärd | 96 | Ängelholms IF | 27.35 | SF |
| 3 | Magdalena Mosell | 96 | Söderhamns IF | 27.82 | |
| 4 | Fanny Hille | 96 | Falköpings FIK | 29.91 | |
| | FÖRSÖK 5 | | 2011-02-19 | | |
| 1 | Hanna Palmqvist | 96 | Mölndals AIK | 26.76 | SF |
| 2 | Johanna Elfving | 96 | KFUM Örebro | 27.41 | SF |
| 3 | Sofia Andersson | 96 | IFK Växjö | 27.84 | |
| 4 | Madelene Stedt | 96 | Tväråselets AIF | 28.22 | |
| | FÖRSÖK 6 | | 2011-02-19 | | |
| 1 | Sanna Oscarson | 96 | IK Ymer | 26.79 | SF |
| 2 | Amanda Löfström | 96 | Ullevi FK | 27.25 | SF |
| 3 | Isabella Barkstedt | 96 | Hässelby SK | 29.22 | |
| | Ellinor Englundh | 96 | Säters IF FIK | Diskv. | Felakt.start |
| | SEMIFINAL 1 | | 2011-02-20 | | |
| 1 | Amanda Lindh | 96 | Huddinge AIS | 26.27 | F |
| 2 | Sara Jacobsson | 96 | Malmö AI | 26.68 | |
| 3 | Frida Grindheim | 96 | IFK Helsingborg | 26.98 | |
| 4 | Olivia Jurcola | 96 | Huddinge AIS | 27.63 | |
| | SEMIFINAL 2 | | 2011-02-20 | | |
| 1 | Mikaela Johannesson | 96 | IK Heros FIK | 26.51 | F |

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|------------|--------------------------|----|-----------------|----------|---|
| 2 | Sanna Oscarson | 96 | IK Ymer | 26.73 | |
| 3 | Johanna Elfving | 96 | KFUM Örebro | 27.57 | |
| 4 | Amanda Löfström | 96 | Ullevi FK | 27.59 | |
| | SEMIFINAL 3 | | 2011-02-20 | | |
| 1 | Madeleine Björclin Delma | 96 | IFK Göteborg | 26.61 | F |
| 2 | Hanna Palmqvist | 96 | Mölndals AIK | 26.63 | F |
| 3 | Julia Axelsson Svärd | 96 | Ängelholms IF | 27.43 | |
| 4 | Sofia Wickström | 96 | Huddinge AIS | 27.45 | |
| | FINAL | | 2011-02-20 | | |
| 1 | Madeleine Björclin Delma | 96 | IFK Göteborg | 26.09 | |
| 2 | Mikaela Johannesson | 96 | IK Heros FIK | 26.22 | |
| 3 | Amanda Lindh | 96 | Huddinge AIS | 26.33 | |
| 4 | Hanna Palmqvist | 96 | Mölndals AIK | 26.73 | |
| | | | | | |
| F15 | 1000 M | | | | |
| | FÖRSÖK 1 | | 2011-02-19 | | |
| 1 | Madeleine Björclin Delma | 96 | IFK Göteborg | 3.09.29 | F |
| 2 | Isabelle Brauer | 96 | Åkersberga SK | 3.09.62 | F |
| 3 | Alma Pihlblad | 96 | Högbo GIF | 3.11.49 | F |
| 4 | Moa Rothman | 96 | Västerås FK | 3.11.89 | F |
| 5 | Johanna Högardh | 96 | IFK Halmstad | 3.18.77 | |
| 6 | Nicole Sörensen | 96 | Falu IK | 3.18.89 | |
| 7 | Sofia Frohm | 96 | Hellas FK | 3.25.35 | |
| | Alexandra Andersson | 96 | Mälarhöjdens IK | Ej start | |
| | FÖRSÖK 2 | | 2011-02-19 | | |
| 1 | Julia Ivehammar | 96 | Linköpings GIF | 3.09.21 | F |
| 2 | Linn Söderholm | 96 | Sävedalens AIK | 3.11.29 | F |
| 3 | Matilda Andersson | 96 | Sävedalens AIK | 3.16.17 | F |
| 4 | Jessica Backman | 96 | Piteå IF | 3.18.47 | F |
| 5 | Elvira Erixon | 96 | Mölndals AIK | 3.19.18 | |
| 6 | Angelica Strandberg | 96 | IFK Umeå | 3.19.68 | |
| 7 | Agnes Jansson | 96 | Uppsala IF | 3.23.88 | |
| | Felicia Svensson | 96 | Mölndals AIK | Bröt | |
| | FINAL | | 2011-02-20 | | |
| 1 | Linn Söderholm | 96 | Sävedalens AIK | 2.57.74 | |
| 2 | Julia Ivehammar | 96 | Linköpings GIF | 3.02.85 | |
| 3 | Matilda Andersson | 96 | Sävedalens AIK | 3.03.68 | |
| 4 | Isabelle Brauer | 96 | Åkersberga SK | 3.03.71 | |
| 5 | Moa Rothman | 96 | Västerås FK | 3.08.41 | |
| 6 | Alma Pihlblad | 96 | Högbo GIF | 3.13.37 | |
| 7 | Jessica Backman | 96 | Piteå IF | 3.22.92 | |
| | Madeleine Björclin Delma | 96 | IFK Göteborg | Bröt | |
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| F15 | 60 M HÄCK 76,2 CM | | | | |
| | FÖRSÖK 1 | | 2011-02-20 | | |
| 1 | Julia Strömberg | 96 | Sundsvalls FI | 8.99 | F |
| 2 | Hanna Palmqvist | 96 | Mölndals AIK | 9.26 | F |
| 3 | Linnea Hård | 96 | Karlskoga FI | 9.30 | F |
| 4 | Sara Cannmo | 96 | Hovslätts IK | 9.33 | F |
| 5 | Yasmin Jelassi | 96 | Hammarby IF | 9.42 | |

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|------------|--------------------|----|-------------------|-------|---|
| 6 | Daniela Karlsson | 96 | Västerås FK | 9.53 | |
| 7 | Hanna Johnsson | 96 | Sundbybergs IK | 9.75 | |
| 8 | Moa Ullgren | 96 | GoIF Tjalve | 9.89 | |
| | FÖRSÖK 2 | | 2011-02-20 | | |
| 1 | Amber Helminski | 96 | IF Rigor | 9.03 | F |
| 2 | Emma Stenlöf | 96 | Västerås FK | 9.09 | F |
| 3 | Ellinor Persson | 96 | Täby IS | 9.39 | |
| 4 | Linnea Sandell | 96 | IF Kronan | 9.43 | |
| 5 | Amanda Jansson | 96 | Örbyhus IF | 9.69 | |
| 6 | Hanna Bengtsson | 96 | Sävedalens AIK | 9.72 | |
| 7 | Ellinor Englundh | 96 | Sätters IF FIK | 10.11 | |
| | FÖRSÖK 3 | | 2011-02-20 | | |
| 1 | Alexandra Jensen | 96 | Huddinge AIS | 9.06 | F |
| 2 | Fanny Holgersson | 96 | FIF Gnistan | 9.37 | F |
| 3 | Emilia Hammarström | 96 | Wärnamo SK | 9.44 | |
| 4 | Elin Forsberg | 96 | Hammarby IF | 9.48 | |
| 5 | Mathilda Andersson | 96 | Åhus FK | 9.49 | |
| 6 | Sofia Andersson | 96 | IFK Växjö | 9.58 | |
| 7 | Alva Alsin | 96 | IK Ymer | 9.86 | |
| | Jennifer Karlsson | 96 | Tanums IF | Bröt | |
| | FINAL | | 2011-02-20 | | |
| 1 | Amber Helminski | 96 | IF Rigor | 8.80 | |
| 2 | Alexandra Jensen | 96 | Huddinge AIS | 8.95 | |
| 3 | Julia Strömberg | 96 | Sundsvalls FI | 9.08 | |
| 4 | Emma Stenlöf | 96 | Västerås FK | 9.09 | |
| 5 | Linnea Hård | 96 | Karlskoga FI | 9.27 | |
| 6 | Hanna Palmqvist | 96 | Mölnåls AIK | 9.36 | |
| 7 | Sara Cannmo | 96 | Hovslätts IK | 9.43 | |
| 8 | Fanny Holgersson | 96 | FIF Gnistan | 9.74 | |
| | | | | | |
| F15 | HÖJDHOPP | | 2011-02-20 | | |
| 1 | Adriana Janic | 96 | Malmö AI | 169 | |
| 2 | Ylva Engdahl | 96 | Danderyds SK | 169 | |
| 3 | Emilia Kjellberg | 96 | IFK Sunne | 166 | |
| 4 | Fanny Källgren | 96 | IK Norrköping Fri | 163 | |
| 5= | Izabelle Kjellberg | 96 | IF Göta | 163 | |
| 5= | Amanda Gabrielsson | 96 | Wärnamo SK | 163 | |
| 7 | Anna Stickler | 96 | Sundsvalls FI | 159 | |
| 8= | Jonna Lindeén | 96 | FIK Kalmarisund | 159 | |
| 8= | Elin Karlsson | 96 | Örbyhus IF | 159 | |
| 10 | Frida Wikenstedt | 96 | Strömstads IF | 155 | |
| 11 | Nadja Ohrsell | 96 | Luleå FI | 155 | |
| 12 | Ellinor Persson | 96 | Täby IS | 155 | |
| 13 | Alexandra Hansson | 96 | IFK Lund | 155 | |
| 14= | Fanny Holgersson | 96 | FIF Gnistan | 149 | |
| 14= | Jill Høstman | 96 | Lerum FI | 149 | |
| 16 | Emma Wernung | 96 | Sävedalens AIK | 149 | |
| 17= | Alice Hinderesson | 96 | Boo IF | 149 | |
| 17= | Amanda Mattson | 96 | IK Orient | 149 | |
| 17= | Ellen Ekholm | 96 | Ullevi FK | 149 | |

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|------------|--------------------|----|-------------------|----------|---|
| 20 | Mollie Hermansson | 96 | IK Ymer | 149 | |
| 21= | Elin Forsberg | 96 | Hammarby IF | 143 | |
| 21= | Annika Jönsson | 96 | IFK Helsingborg | 143 | |
| 21= | Ellen Sander | 96 | Lerum FI | 143 | |
| 24 | Olivia Maunbach | 96 | IFK Lund | 143 | |
| | Matilda Gunnarsson | 96 | Huddinge AIS | Ej start | |
| | | | | | |
| F15 | STAVHOPP | | 2011-02-19 | | |
| 1 | Amanda Gabrielsson | 96 | Wärnamo SK | 337 | |
| 2 | Emma Stenlöf | 96 | Västerås FK | 332 | |
| 3 | Sandra Bergenuulf | 96 | Falu IK | 311 | |
| 4 | Ylva Engdahl | 96 | Danderyds SK | 311 | |
| 5 | Malin Antonsson | 96 | Örgryte IS | 311 | |
| 6= | Sara Cannmo | 96 | Hovslätts IK | 305 | |
| 6= | Emma Häggström | 96 | Kvarnsvedens FIK | 305 | |
| 8 | Nadja Ohrsell | 96 | Luleå FI | 277 | |
| 9 | Malin Smetana | 96 | Lerum FI | 277 | |
| 10 | Alida Sterner | 96 | Turebergs FK | 265 | |
| 11 | Annika Jönsson | 96 | IFK Helsingborg | 247 | |
| 12 | Ellen Sjöstrand | 96 | Lerum FI | 247 | |
| 13= | Sigrid Forsberg | 96 | Lerum FI | 229 | |
| 13= | Agnes Moberg | 96 | Tyresö FK | 229 | |
| 15 | Linn Forevärn | 96 | Rånäs 4 H | 211 | |
| 16 | Olivia Maunbach | 96 | IFK Lund | 211 | |
| | | | | | |
| F15 | LÄNGDHOPP | | | | |
| | KVAL A | | 2011-02-19 | | |
| 1 | Izabelle Kjellberg | 96 | IF Göta | 551 | F |
| 2 | Julia Strömberg | 96 | Sundsvalls FI | 541 | F |
| 3 | Elvira Richardsson | 96 | IFK Kristinehamn | 538 | F |
| 4 | Jennifer Karlsson | 96 | Tanums IF | 522 | F |
| 5 | Adriana Janic | 96 | Malmö AI | 516 | F |
| 6 | Alice Eriksson | 96 | IFK Lidingö | 513 | F |
| 7 | Ellinor Persson | 96 | Täby IS | 511 | F |
| 8 | Olivia Jurcola | 96 | Huddinge AIS | 491 | |
| 9 | Jonna Lindeén | 96 | FIK Kalmarsund | 491 | |
| 10 | Frida Grindheim | 96 | IFK Helsingborg | 488 | |
| 11 | Hanna Johnsson | 96 | Sundbybergs IK | 479 | |
| 12 | Desiree Ericsson | 96 | Linköpings GIF | 474 | |
| 13 | Frida Wikenstedt | 96 | Strömstads IF | 469 | |
| 14 | Linnea Ahlstedt | 96 | Lerum FI | 459 | |
| 15 | Izabella Salkola | 96 | IF Rigor | 456 | |
| 16 | Fanny Hille | 96 | Falköpings FIK | 441 | |
| | KVAL B | | 2011-02-19 | | |
| 1 | Emilia Kjellberg | 96 | IFK Sunne | 534 | F |
| 2 | Emma Stenlöf | 96 | Västerås FK | 530 | F |
| 3 | Lilly Andersson | 96 | Eslövs AI | 526 | F |
| 4 | Klara Zetterberg | 96 | Upsala IF | 513 | F |
| 5 | Hanna Palmqvist | 96 | Mölnåls AIK | 512 | F |
| 6 | Nadja Ohrsell | 96 | Luleå FI | 504 | |

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|------------|--------------------------|----|-------------------|---------|-----|
| 7 | Matilde Andersson | 96 | Östhammar FI | 500 | |
| 8 | Joline Jansson | 96 | Östhammar FI | 478 | |
| 9 | Ellinor Englundh | 96 | Säters IF FIK | 474 | |
| 10 | Moa Ullgren | 96 | GoIF Tjalve | 468 | |
| 11 | Hedda Hanner | 96 | IFK Lidingö | 467 | |
| 12 | Matilda Gunnarsson | 96 | Huddinge AIS | 467 | |
| 13 | Johanna Norén | 96 | IF Göta | 457 | |
| 14 | Martina Appel | 96 | IF Göta | 427 | |
| 15 | Ulrika Pedersén | 96 | IFK Göteborg | 420 | |
| | Maja Persson | 96 | IF Rigor | Ej res. | |
| | FINAL | | 2011-02-20 | | |
| 1 | Elvira Richardsson | 96 | IFK Kristinehamn | 555 | |
| 2 | Ellinor Persson | 96 | Täby IS | 550 | |
| 3 | Lilly Andersson | 96 | Eslövs AI | 538 | |
| 4 | Izabelle Kjellberg | 96 | IF Göta | 536 | |
| 5 | Emilia Kjellberg | 96 | IFK Sunne | 533 | |
| 6 | Julia Strömberg | 96 | Sundsvalls FI | 529 | 522 |
| 7 | Emma Stenlöf | 96 | Västerås FK | 529 | 520 |
| 8 | Adriana Janic | 96 | Malmö AI | 527 | |
| 9 | Jennifer Karlsson | 96 | Tanums IF | 518 | |
| 10 | Klara Zetterberg | 96 | Upsala IF | 516 | |
| 11 | Alice Eriksson | 96 | IFK Lidingö | 485 | |
| 12 | Hanna Palmqvist | 96 | Mölnåls AIK | 483 | |
| | | | | | |
| F15 | TRESTEG | | 2011-02-19 | | |
| 1 | Elvira Richardsson | 96 | IFK Kristinehamn | 1137 | |
| 2 | Emilia Hammarström | 96 | Wärnamo SK | 1136 | |
| 3 | Hanna Bengtsson | 96 | Sävedalens AIK | 1110 | |
| 4 | Lilly Andersson | 96 | Eslövs AI | 1096 | |
| 5 | Madeleine Björclin Delma | 96 | IFK Göteborg | 1086 | |
| 6 | Alice Eriksson | 96 | IFK Lidingö | 1085 | |
| 7 | Matilde Andersson | 96 | Östhammar FI | 1071 | |
| 8 | Linnea Ahlstedt | 96 | Lerum FI | 1064 | |
| 9 | Hedda Hanner | 96 | IFK Lidingö | 1017 | |
| 10 | Ellinor Persson | 96 | Täby IS | 1016 | |
| 11 | Alva Regnell | 96 | Göteborgs Kvinnli | 995 | |
| 12 | Ulrika Pedersén | 96 | IFK Göteborg | 986 | |
| 13 | Jennifer Karlsson | 96 | IK Norrköping Fri | 974 | |
| 14 | Madelene Stedt | 96 | Tväråselets AIF | 970 | |
| | Martina Appel | 96 | IF Göta | Ej res. | |
| | Frida Carlsson | 96 | Hanvikens SK | Ej res. | |
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| F15 | KULA 3,0 KG | | 2011-02-19 | | |
| 1 | Lisa Einarsson | 96 | Eds SK | 1346 | |
| 2 | Julia Axelsson Svärd | 96 | Ängelholms IF | 1281 | |
| 3 | Lilly Andersson | 96 | Eslövs AI | 1253 | |
| 4 | Linnea Hård | 96 | Karlskoga FI | 1206 | |
| 5 | Hanna Gustavsson | 96 | Motala AIF | 1186 | |
| 6 | Amanda Karlsson | 96 | Huddinge AIS | 1185 | |
| 7 | Emma Wernung | 96 | Sävedalens AIK | 1159 | |

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|------------|-----------------------------|----|-------------------|---------|--|
| 8 | Linn Hessler | 96 | Ullevi FK | 1143 | |
| 9 | Moa Ullgren | 96 | GoIF Tjalve | 1094 | |
| 10 | Sigrid Karlsson | 96 | Malmö AI | 1080 | |
| 11 | Olivia Jurcola | 96 | Huddinge AIS | 1000 | |
| 12 | Hanna Mårtensson | 96 | Hässelby SK | 984 | |
| 13 | Lisa Johansson | 96 | FIK Kalmarsund | 956 | |
| 14 | Annika Jönsson | 96 | IFK Helsingborg | 955 | |
| 15 | Frida Wikenstedt | 96 | Strömstads IF | 886 | |
| | | | | | |
| F15 | VIKTKASTNING 7,26 KG | | 2011-02-20 | | |
| 1 | Julia Marklund | 96 | SK Bore | 1461 | |
| 2 | Lisa Einarsson | 96 | Eds SK | 1401 | |
| 3 | Elin Rosén | 96 | Gefle IF | 1372 | |
| 4 | Amanda Karlsson | 96 | Huddinge AIS | 1353 | |
| 5 | Jessika Lowe | 96 | IFK Helsingborg | 1301 | |
| 6 | Agnes Jansson | 96 | Upsala IF | 1088 | |
| 7 | Hanna Gustavsson | 96 | Motala AIF | 1066 | |
| 8 | Hanna Mårtensson | 96 | Hässelby SK | 979 | |
| | Linn Hessler | 96 | Ullevi FK | Ej res. | |